



TOM HAMMEL'S TOP 5 BOOK RECOMMENDATIONS & REVIEWS

WWW.OURCULTIVATEDLIVES.COM

*"Are you ready to discover the shifts that are required for the success you desire and
are richly deserve? If so, it is time to dive head first into 'The Twelve Shifts'"*
-DAVE BLANCHARD

The Twelve Shifts

YOUR SUPERPOWERS FOR
CREATING AN INVINCIBLE LIFE

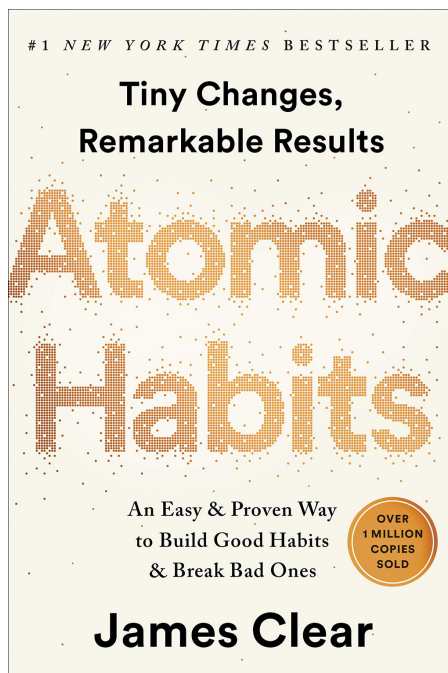


Jamil Frazier

#1 BESTSELLING AUTHOR OF
THE RICHEST MAN IN DIRECT SALES

1 | THE TWELVE SHIFTS - JAMIL FRAZIER

I absolutely love this Book, The author Jamil Frazier does a great job of balancing personal story as well as reader application. The twelve shifts takes you on a journey of having a new mindset on how you face your circumstances as well as your past, while reminding you YOU HAVE SUPER POWERS! This is a must read for anyone who is sensing that there is more to their destiny but there are obstacles in the way, perhaps you are your greatest obstacle. Grab your copy [here](#).



2 | ATOMIC HABIT - JAMES CLEAR

What can I say about James Clear and this book? This is my newest Favorite book. I love the simplicity of this read while tackling complicated human issues. We have all done things without thinking about them because we are so programmed or have behaviors so engrained, Atomic Habit will rattle your mind to not do things automatically but rather intentionally. Grab your copy [here](#).

THE
BESTSELLING
AUTHOR OF
**START
WITH WHY**
AND
**LEADERS
EAT LAST**

INFINITE
GAME
**THE
INFINITE
GAME**
SIMON
SINEK
THE
INFINITE
GAME
THE
INFINITE
GAME

3 | INFINITE GAME - SIMON SINEK

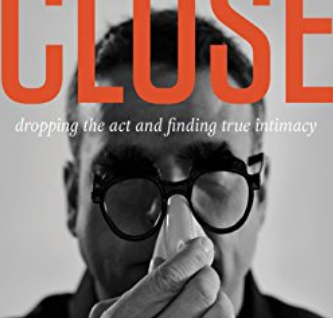
We have all felt the pressure and struggle of feeling like we are in a battle, whether at home, at the office, on the playground. Simon Sinek book Infinite Game gives great insight and strategy for how we can approach common and uncommon problems while pursuing goals and dreams. Grab your copy [here](#).

New York Times Best-Selling Author of *Blue Like Jazz*

DONALD MILLER

SCARY CLOSE

dropping the act and finding true intimacy



4 | SCARY CLOSE - DON MILLER

Don Miller writing style is a total breath of fresh air. Scary Close has confronts the need for the façade that we all put on, and challenges us to allow people to get to know us in scary close ways. Don uses the story of how he met and fell in love with his wife so you get real life application on having healthy relationships. Grab your copy [here](#).



5 | CRUCIAL CONVERSATIONS - PATTERSON, GRENNY, MCMILLAN, SWITZLER

Living in the communication age seems ironic given that we are less apt at communicating. We tend to avoid the high stakes situations, which usually results in more prolonged pain, Crucial Conversations provides the tools, backdrop, and disciplines of having the hard conversations and keeping the focus on what you really want to accomplish. Grab your copy [here](#).